

Disclosure Roberto Ferraresi, MD

No conflict of interest with this presentation

## BAD & SAD, who is the enemy in CLTI?

SAD-MAC: brothers in arm

Obstruction patterns in CLTI

Weapons and soldiers: the CLTI-PAD war

Jungle patrols: extreme below-the-ankle guerilla

Mercy for patients

#### ANNALS OF SURGERY

Vol. 201 February 1985

No. 2



1985

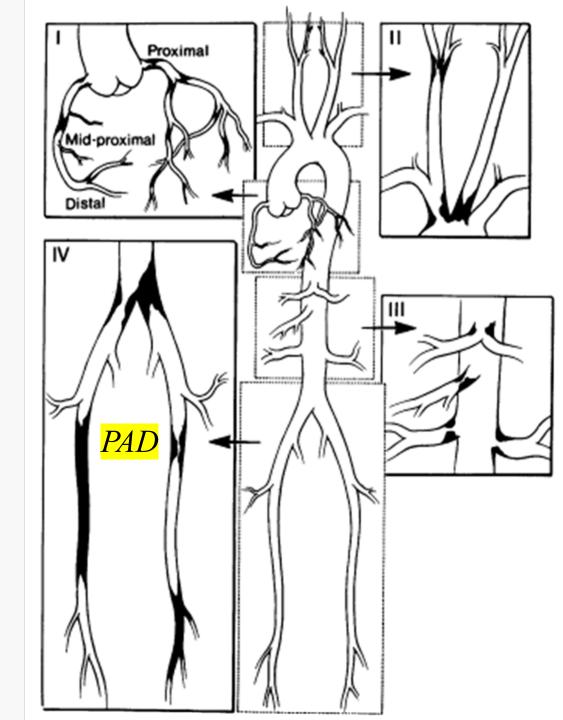
\* \* \* ★ Centennial Contribution

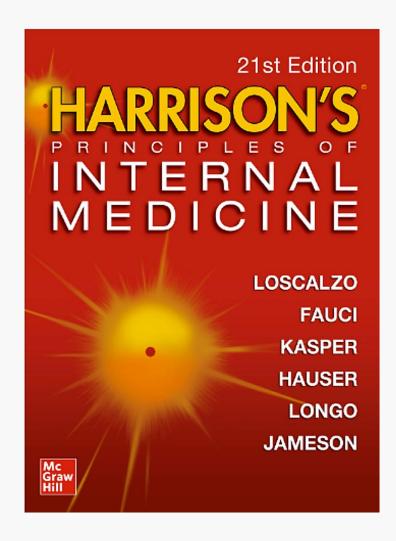
Patterns of Atherosclerosis and their Surgical Significance

MICHAEL E. DEBAKEY, M.D.,\* GERALD M. LAWRIE, M.D.,† DONALD H. GLAESER, D.Sc.±

- 13.827 from 1948 to 1983
- mean age 59 yrs, No DM, No ESRD-HD, No calcium/calcification

"Particularly important is the fact that atherosclerotic lesions often tend to be segmental and fairly well localized, with relatively normal proximal and distal arterial beds. Such atheromas are usually located in the proximal and/or mid-proximal portions of the arterial bed"





# Chapter 281: Arterial Diseases of the Extremities - Peripheral Artery Disease

Mark A. Creager; Joseph Loscalzo

Atherosclerosis is the leading cause of PAD.

Segmental lesions that cause stenosis or occlusion are usually localized to large and medium-size vessels.

The primary sites of involvement are:

- abdominal aorta and iliac arteries (30% of pts)
- femoral and popliteal arteries (80–90% of pts)
- and the more distal vessels, including the tibial and peroneal arteries (40–50% of pts).

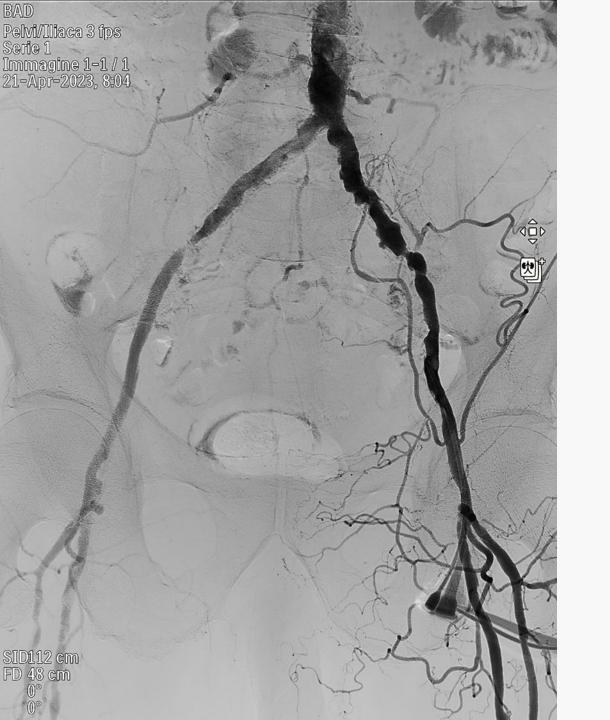
Foot arteries are not mentioned

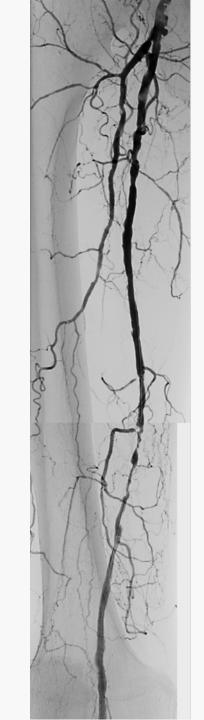
## The PAD dogma

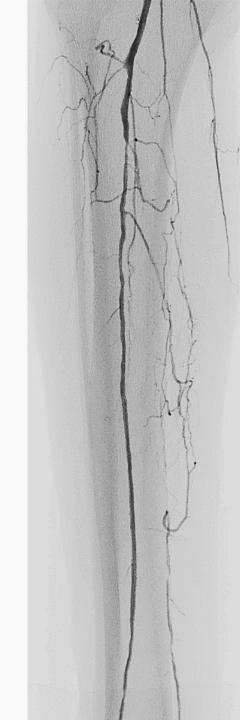
In the beginning was atherosclerosis, a lipid-plaque-based BAD

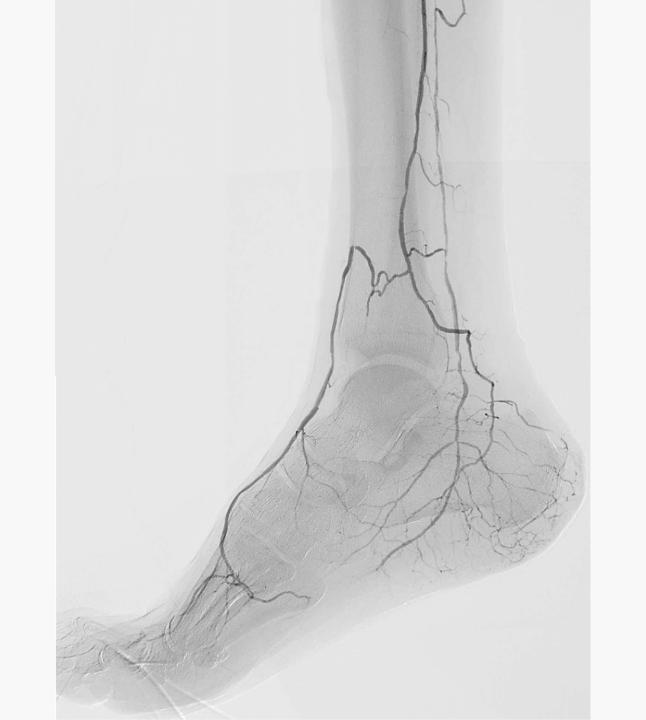
PAD is BAD, a consequence of atherosclerosis

# Patient A: A pure BAD pt







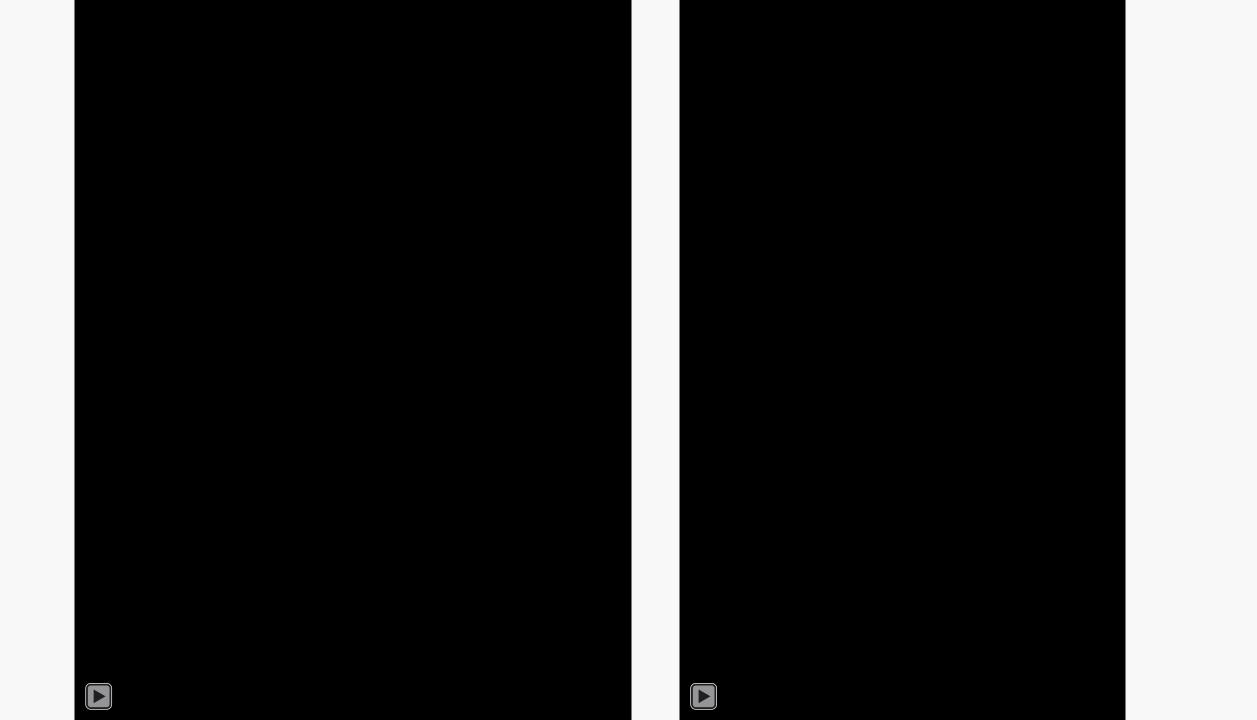


# TREATMENT







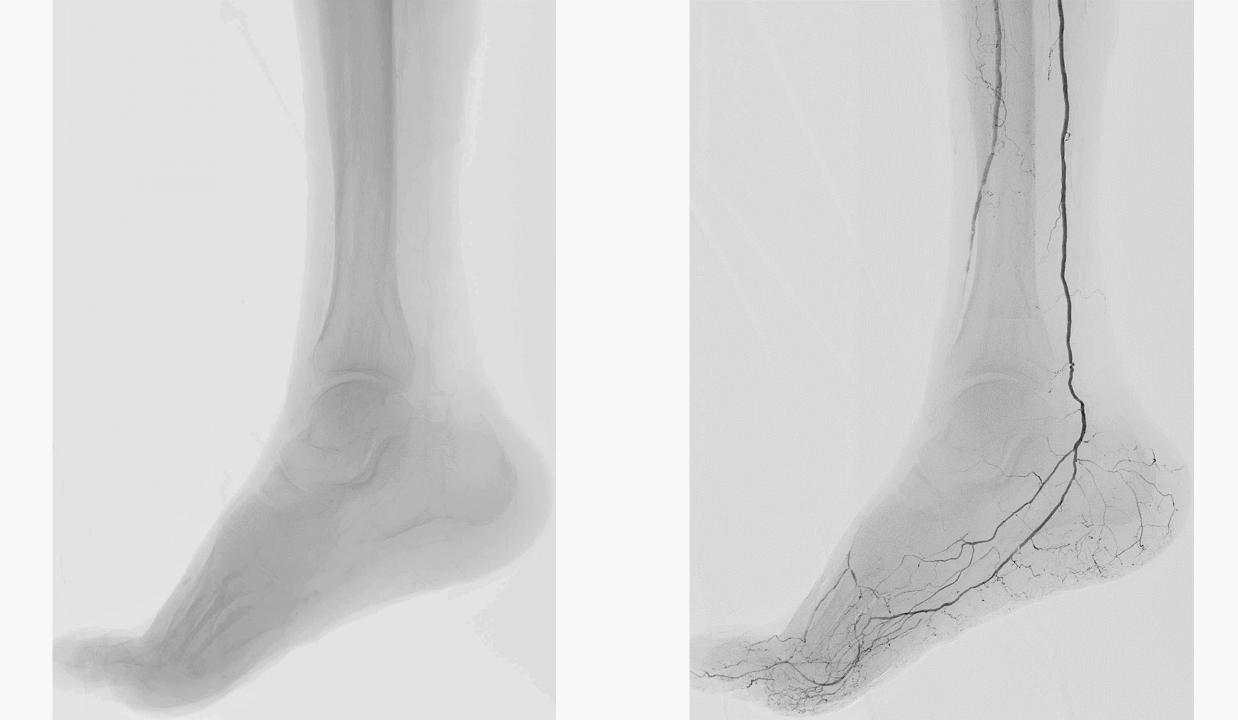


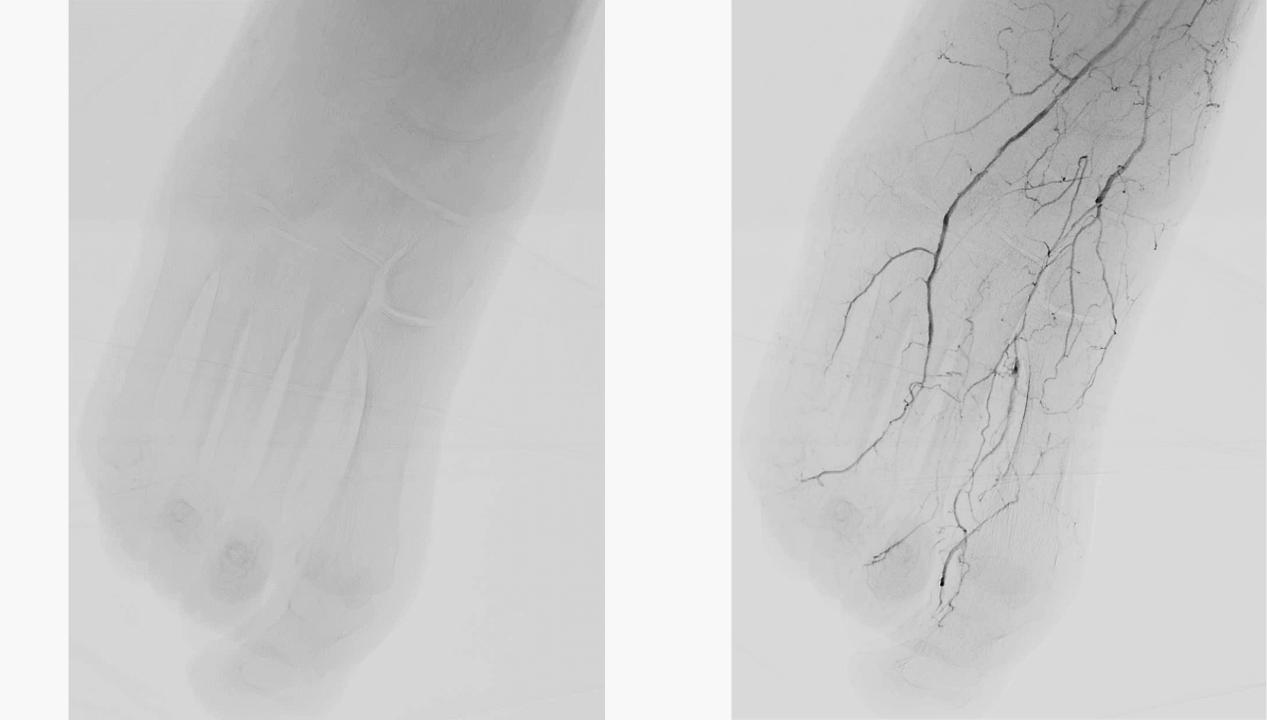


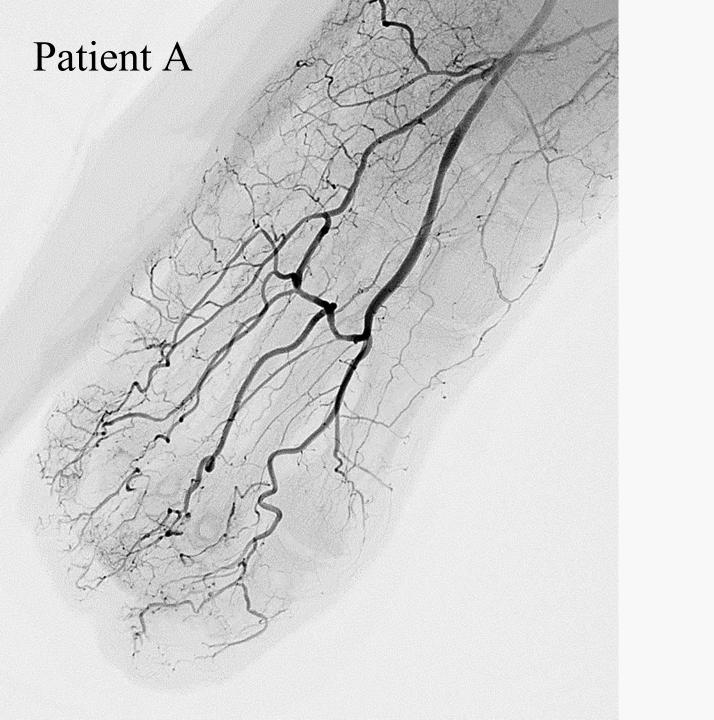
# Patient B: a BAD & SAD pt

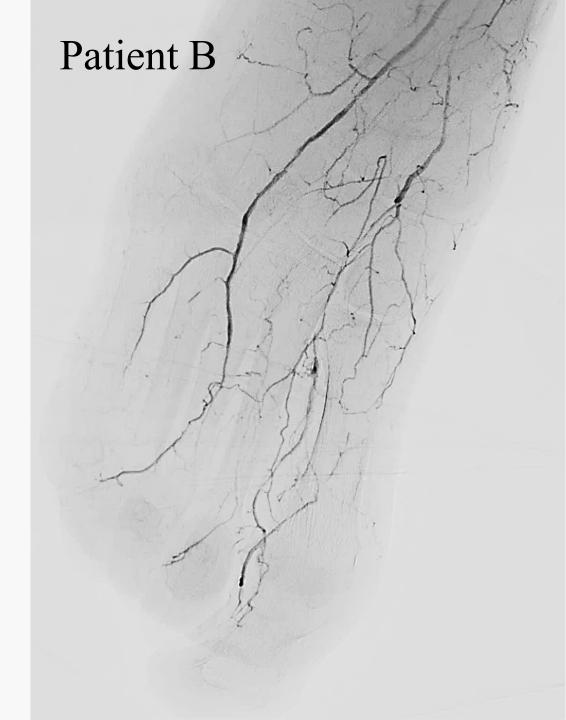


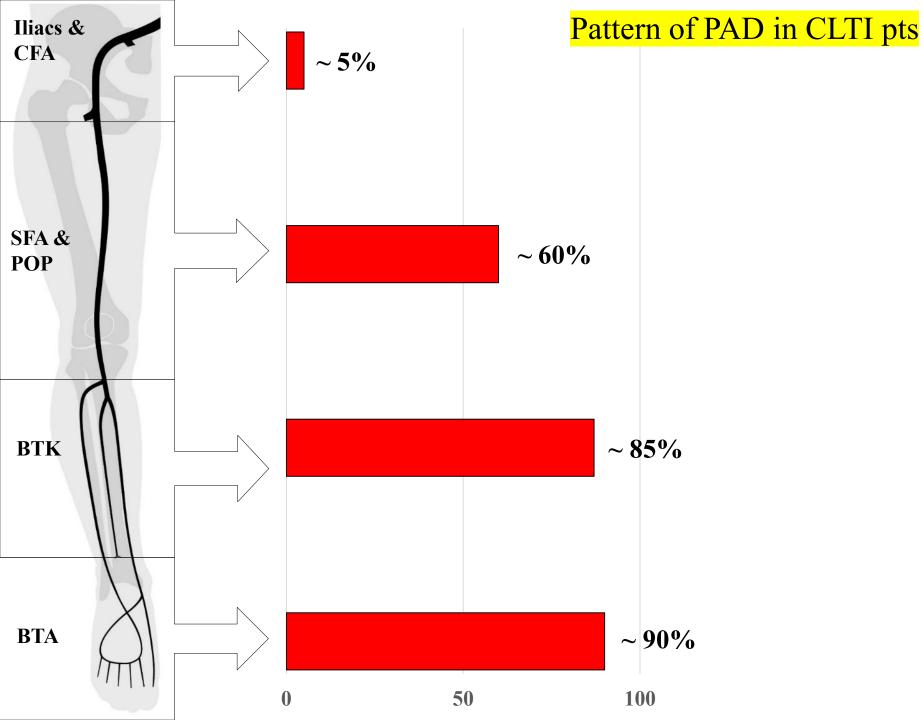












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he Journal of Cardiovascular Surgery 2018 October;59(5):655-

ORIGINAL ARTICLE

RECENT DEVELOPMENTS IN THE MANAGEMENT OF THE DIABETIC FOOT

BAD transmission and SAD distribution: a new scenario for critical limb ischemia

Roberto FERRARESI 1 \*, Giovanni MAURI 2, Fabrizio LOSURDO 3, Nicola TROISI 4, Diego BRANCACCIO 5, Carlo CARAVAGGI 6, Luca NERI 7

Piaggesi A, Apelqvist J (eds): The Diabetic Foot Syndrome. Front Diabetes. Basel, Karger, 2018, vol 26, pp 60–69

## Indications to ischemic foot revascularization

R. Ferraresi, F. Losurdo, R. Lorenzoni, M. Ferraris, M. Caminiti

Interventional Treatment of the Below the Ankle Peripheral Artery Disease

119

Roberto Ferraresi, Luis Mariano Palena, Giovanni Mauri, and Marco Manzi

Small artery disease in critical limb ischemia: innocent bystander or leading actor?

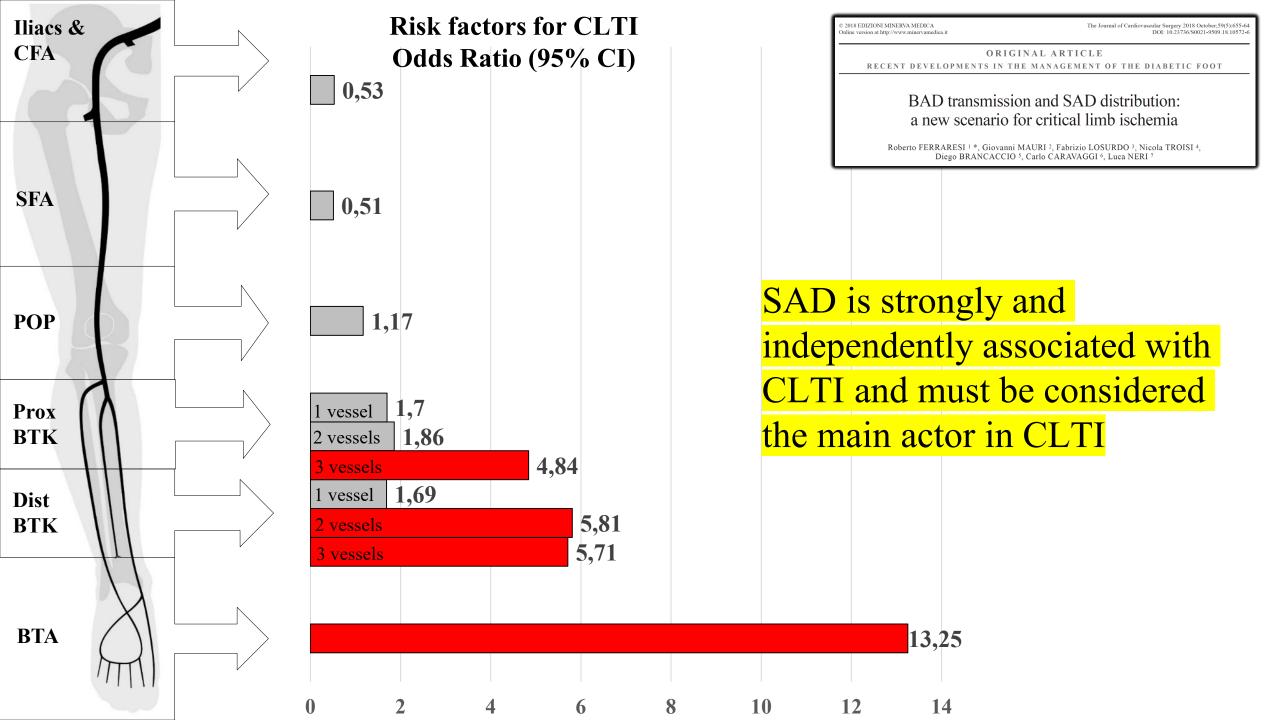
Roberto Ferraresi, Roberto Nerla, Fabrizio Losurdo, Doriana Ferrara, Antonietta Cucci, Andrea Casini, Maurizio Caminiti, Giacomo Clerici

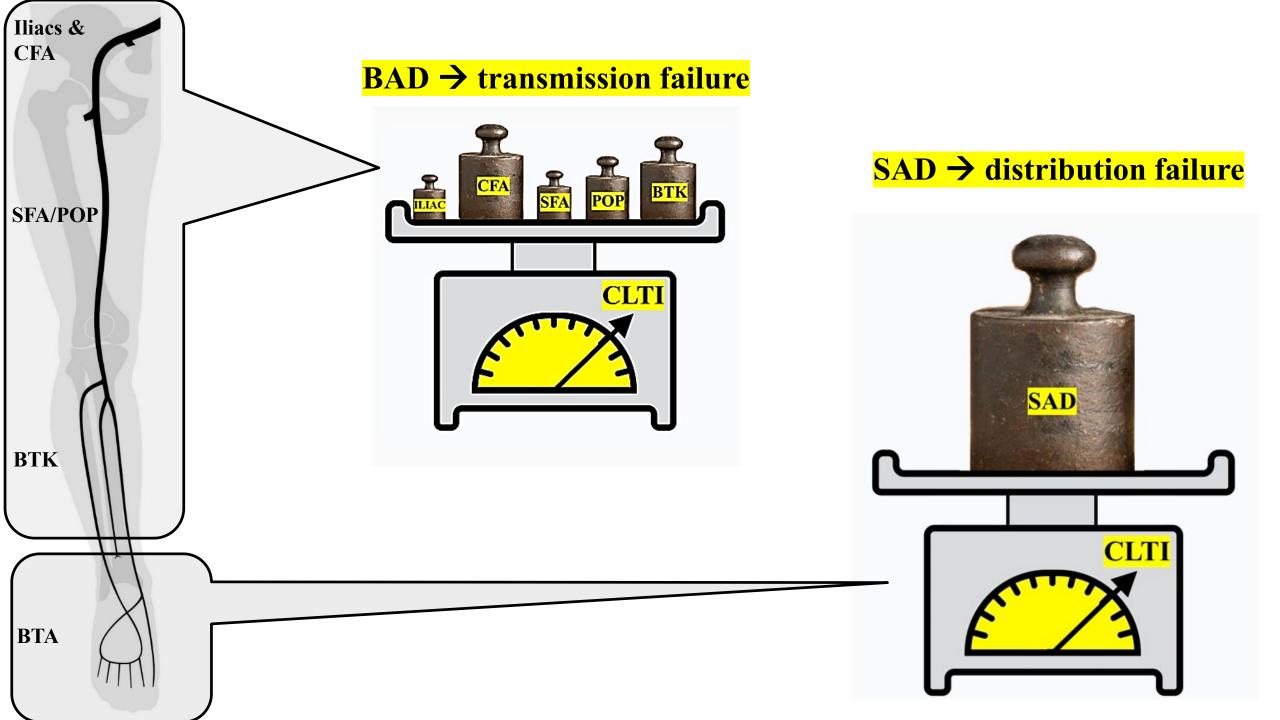
Clinical Investigation

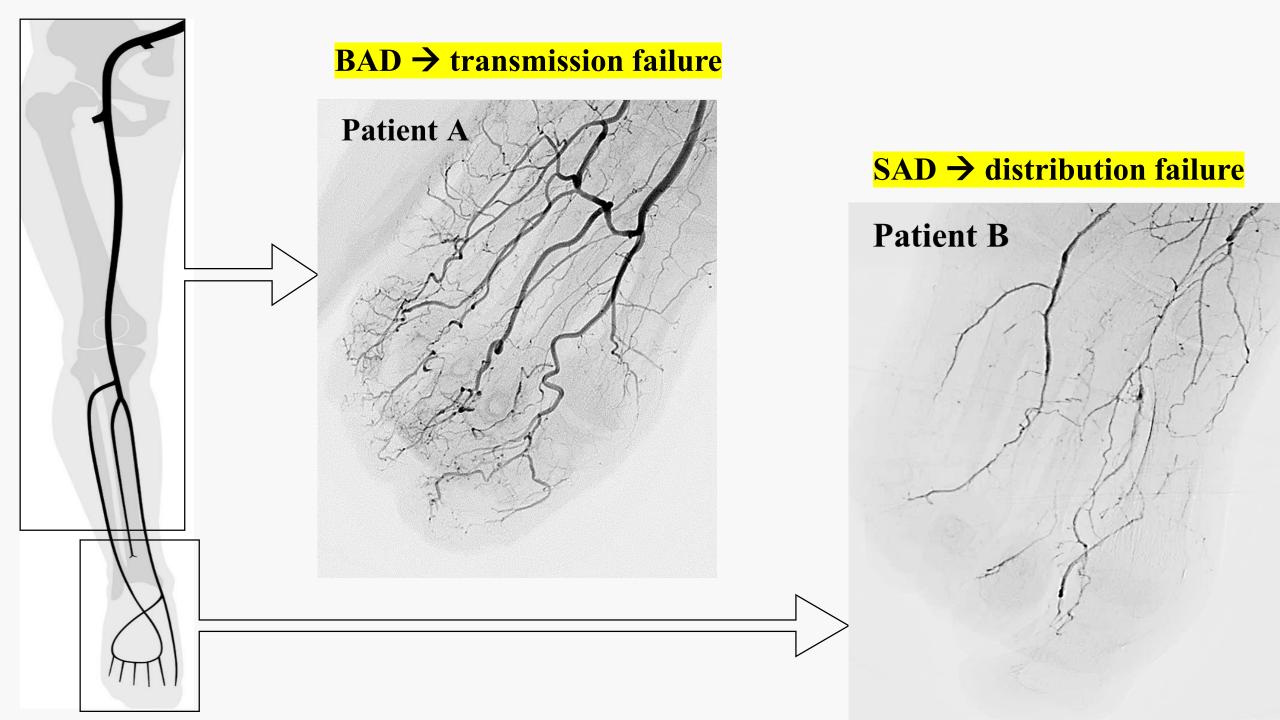
ENDOVASCULAR THERAPY

A Novel Scoring System for Small Artery Disease and Medial Arterial Calcification Is Strongly Associated With Major Adverse Limb Events in Patients With Chronic Limb-Threatening Ischemia Journal of Endovascular Therapy 1-14 © The Author(s) 2020 Article reuse guidelines: sagepub.com/journals-permissions DOE: 10.1177/1526602820966309 www.jevt.org

Roberto Ferraresi, MD<sup>1</sup>, Alessandro Ucci, MD<sup>2</sup>, Alessandra Pizzuto, MD<sup>3</sup>, Fabrizio Losurdo, MD<sup>5</sup>, Maurizio Caminiti, MD<sup>5</sup>, Daniela Minnella, MD<sup>4</sup>, Andrea Casini, MD<sup>5</sup>, Giacomo Clerici, MD<sup>4</sup>, Miguel Montero-Baker, MD<sup>6</sup>, and Joseph Mills, MD<sup>6</sup>







### BAD & SAD, who is the enemy in CLTI?

SAD-MAC: brothers in arm

Obstruction patterns in CLTI

Weapons and soldiers: the CLTI-PAD war

Jungle patrols: extreme below-the-ankle guerilla

Mercy for patients

## What is MAC?

#### VÄI.

Uber die reine Mediaverkalkung der Extremitatenarterien und ibr Verbalten zur Arteriosklerose.

(Aus dem Pathologisch- anatomischen Institut des <u>Allgem</u>. Krankenhauses <u>Haroburg</u>-Eppendorf.)

Von

Dr. J. G. Monckeberg.

# MAC was firstly described in 1903 by Monckeberg

#### **Medial Arterial Calcification**

JACC State-of-the-Art Review

Peter Lanzer, MD,<sup>a</sup> Fadil M. Hannan, DPHIL,<sup>b</sup> Jan D. Lanzer, MD,<sup>c,d,e</sup> Jan Janzen, MD,<sup>f</sup> Paolo Raggi, MD,<sup>g</sup> Dominic Furniss, DM, MBBCH,<sup>h</sup> Mirjam Schuchardt, PhD,<sup>i</sup> Rajesh Thakker, ScD,<sup>i</sup> Pak-Wing Fok, PhD,<sup>k</sup> Julio Saez-Rodriguez, PhD,<sup>c</sup> Angel Millan, PhD,<sup>i</sup> Yu Sato, MD,<sup>m</sup> Roberto Ferraresi, MD,<sup>n</sup> Renu Virmani, MD,<sup>m</sup> Cynthia St. Hilaire, PhD<sup>o,p,q</sup>

J Am Coll Cardiol 2021;78:1145–1165

MAC = accumulation of calcium phosphate (CaP) in the form of hydroxyapatite crystals within the medial layer of the arterial wall resulting in its progressive petrification

Most common in patients with old age, diabetes and/or renal failure

#### **Medial Arterial Calcification**

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Peter Lanzer, MD,<sup>a</sup> Fadil M. Hannan, DPнп,<sup>b</sup> Jan D. Lanzer, MD,<sup>c,d,e</sup> Jan Janzen, MD,<sup>f</sup> Paolo Raggi, MD,<sup>g</sup> Dominic Furniss, DM, MBBСн,<sup>h</sup> Mirjam Schuchardt, PhD,<sup>i</sup> Rajesh Thakker, ScD,<sup>j</sup> Pak-Wing Fok, PhD,<sup>k</sup> Julio Saez-Rodriguez, PhD,<sup>c</sup> Angel Millan, PhD,<sup>1</sup> Yu Sato, MD,<sup>m</sup> Roberto Ferraresi, MD,<sup>n</sup> Renu Virmani, MD,<sup>m</sup> Cynthia St. Hilaire, PhD<sup>o,p,q</sup>

J Am Coll Cardiol 2021;78:1145–1165

In the past, MAC was considered an innocent bystander. However, studies now demonstrate that MAC can be considered the silent killer of the cardiovascular system because MAC is a strong marker of future cardiovascular events and death.

Original Article

#### VASCULAR MEDICINE

Association of infrapopliteal medial arterial calcification with lower-limb amputations in high-risk patients: A systematic review and meta-analysis

Fabrizio Losurdo<sup>1,2</sup>, Roberto Ferraresi<sup>3</sup>, Alessandro Ucci<sup>4</sup>, Anna Zanetti<sup>1</sup>, Giacomo Clerici<sup>3</sup> and Antonella Zambon<sup>1,5</sup>

MAC & PAD are strongly associated

MAC and elevated ABI are associated with foot ulcer, occlusive PAD and amputation

#### Prevalence of Nonatheromatous Lesions in Peripheral Arterial Disease

W. Charles O'Neill, Kum Hyun Han, Thomas M. Schneider, Randolph A. Hennigar

Arterioscler Thromb Vasc Biol. 2015;35:439-447

- 176 upper and lower leg arteries from amputations of 60 pts with PAD
- The most common findings were calcification of the media (72% of arteries)..., with the presence of atheromas in only 23% of arteries.

The bulk of vascular calcification in the lower extremities is medial rather than intimal

# SAD = MAC?



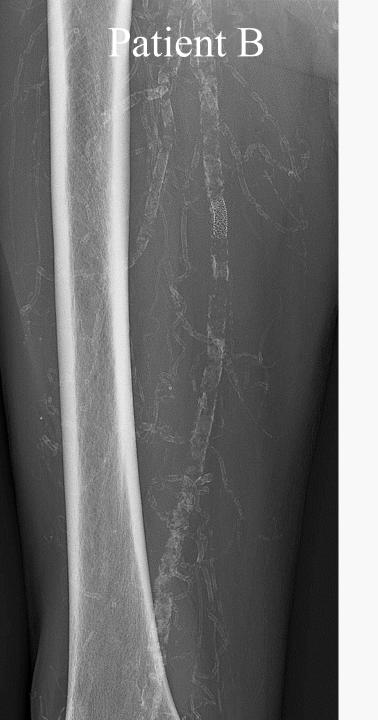








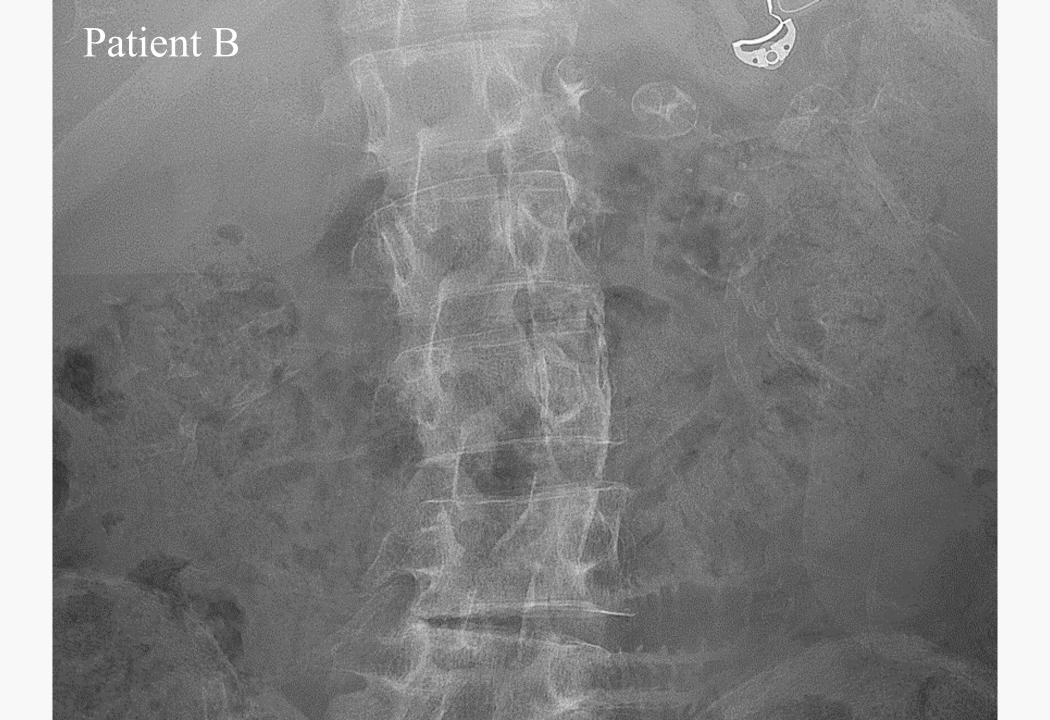














### MAC-score versus SAD-score

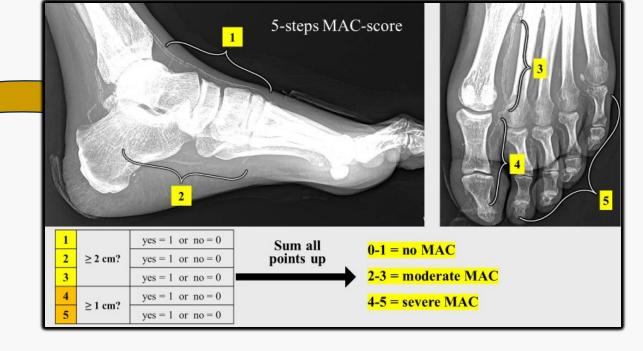
MAC-score	sensitivity	specificity
no-MAC	100 %	98.1 %
moderate MAC	99.1 %	92.7 %
severe MAC	100 %	98.1 %

ENDOVASCULAR

Journal of Endovascular Therapy I–I4 © The Author(s) 2020

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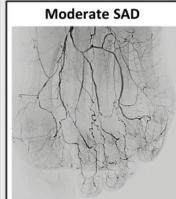


#### SAD-score is difficult!

- Contrast dye/multiple injections
- Movement artifacts
- Spasm/slow flow
- Evaluation is subjective

We can get a true SAD-score only in a minority of pts, we need something easier and feasible in every pt!





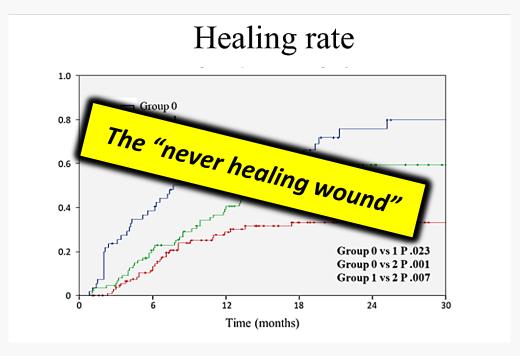


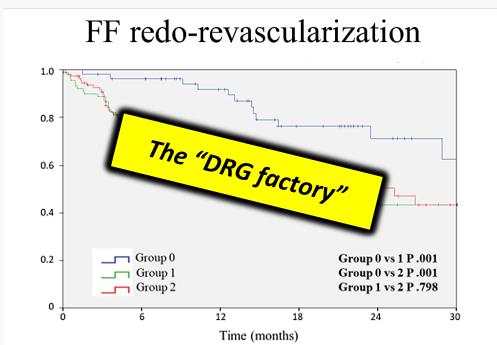
#### Clinical Investigation

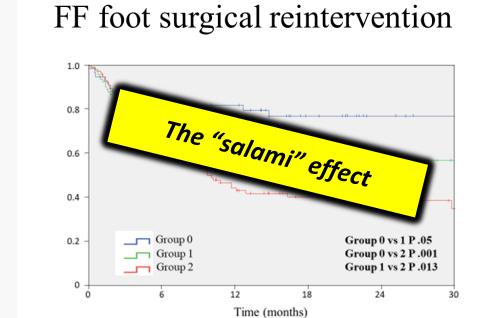
A Novel Scoring System for Small Artery Disease and Medial Arterial Calcification Is Strongly Associated With Major Adverse Limb Events in Patients With Chronic Limb-Threatening Ischemia

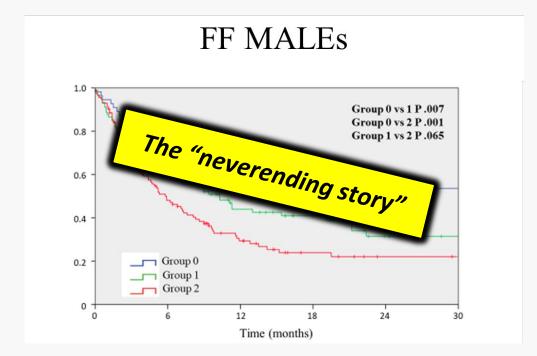
Roberto Ferraresi, MD<sup>1</sup>, Alessandro Ucci, MD<sup>2</sup>, Alessandra Pizzuto, MD<sup>3</sup>, Fabrizio Losurdo, MD<sup>4</sup>, Maurizio Caminiti, MD<sup>4</sup>, Daniela Minnella, MD<sup>4</sup>, Andrea Casini, MD<sup>5</sup>, Giacomo Clerici, MD<sup>4</sup>, Miguel Montero-Baker, MD<sup>6</sup>, and Joseph Mills, MD<sup>6</sup>

Patient's outcomes by MAC-score groups









# The MAC score is a simple, practical tool and a strong independent predictor of:

- Inframalleolar arterial disease
- Major amputation
- Failure to improve WIfI ischemia grade after infrainguinal percutaneous revascularization
- Technical failure of inframalleolar angioplasty

- Liu IH et al. Pedal arterial calcification score is associated with risk of major amputation in chronic limb-threatening ischemia. J Vasc Surg. Published online September 2, 2021:S0741-5214(21)01978-9
- DiBartolomeo AD et al. Medial Arterial Calcification Score is Associated with Increased Risk of Major Limb Amputation. J Vasc Surg. Published online July 30, 2023:S0741-5214(23)01726-3
- Liu IH et al. Pedal arterial calcification score is associated with hemodynamic change and major amputation after infrainguinal revascularization for chronic limb-threatening ischemia. *J Vasc Surg*. Published online July 15, 2022:S0741-5214(22)01883-3
- So JM et al. Medial Arterial Calcification and the Risk of Amputation of Diabetic Foot Ulcer in Patients With Diabetic Kidney Disease. J Korean Med Sci. 2023 May 29;38(21):e160.
- Sato Y et al. Prediction of technical failure of inframalleolar angioplasty in patients with chronic limb-threatening ischemia. EJVS 2022
- Davies M, Hart J. Pedal Medial Arterial Calcification Influences Outcomes of Isolated Inframalleolar Interventions. JVS Abstracts. Peripheral endovascular procedures. Volume 78, issue 4, e115, october 2023- DOI:https://doi.org/10.1016/j.jvs.2023.08.05

# SAD-MAC is a single non-atherosclerotic disease and must be considered the main actor in CLTI

CLTI-pts with high SAD-MAC score present at 2yy:

- only 30% healing rate
- higher risk of major amputation, rev. failure & foot and vascular reinterventions

These no-option CLTI pts should be considered for alternative therapies such as:

- primary major amputation
- palliative care
- foot vein arterialization

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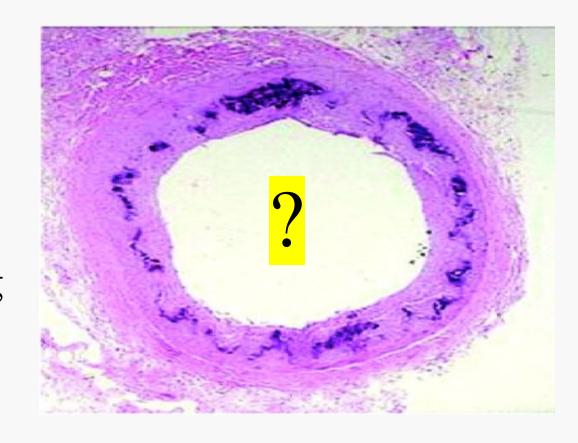
Mercy for patients

### Open question

MAC is outside the lumen, in the vessel wall and, in itself, is not obstructing the lumen.

How can be MAC responsible of SAD? What is the material obstructing the lumen?

Intimal Thickening (IT) could be the answer



Amann K. Media calcification and intima calcification are distinct entities in chronic kidney disease. Clin J Am Soc Nephrol. 2008;3:1599-605.

#### VÄI.

#### Uber die reine Mediaverkalkung der Extremitatenarterien und ibr Verbalten zur Arteriosklerose.

(Aus dem Pathologisch- anatomischen Institut des Allgem, Krankenhauses  $\underline{\text{Haroburg-Eppendorf.}})$ 

Von

Dr. J. G. Monckeberg.

In the highest degrees of MAC, the artery is transformed into a rigid tube..., on such vessels there is usually a diffuse intimal overgrowth

Monckeberg, 1903

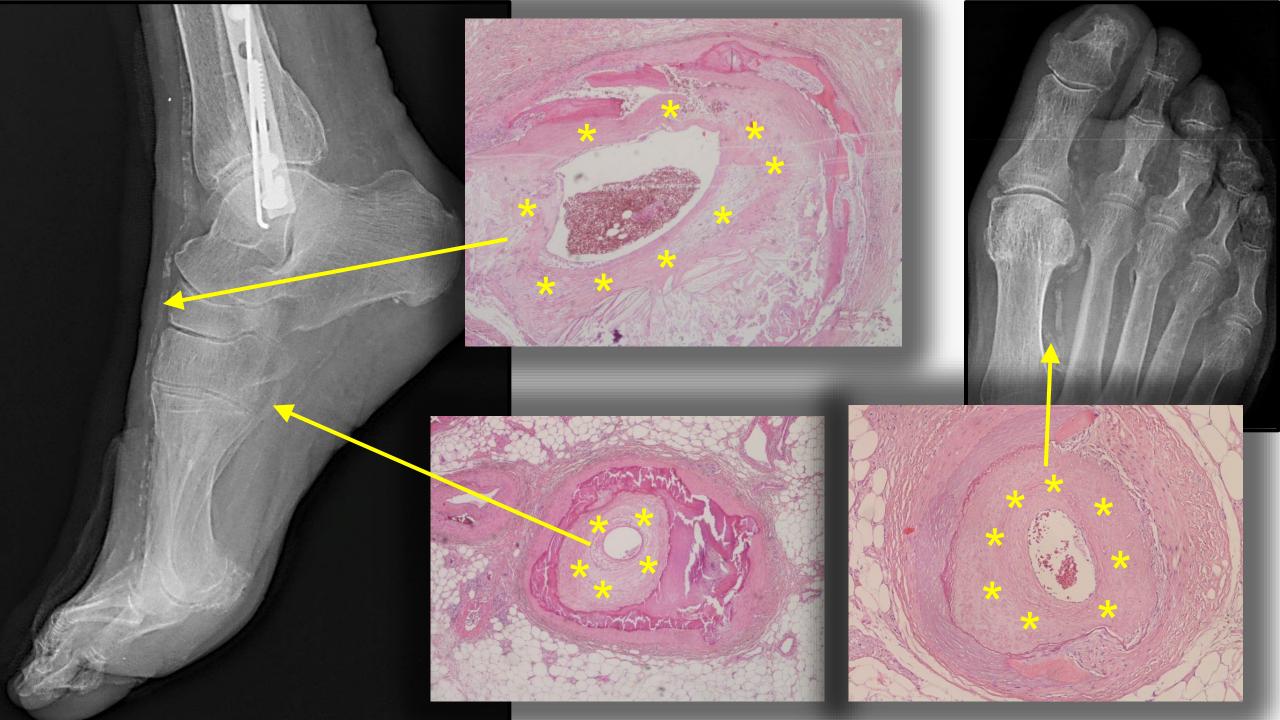
### Prevalence of Nonatheromatous Lesions in Peripheral Arterial Disease

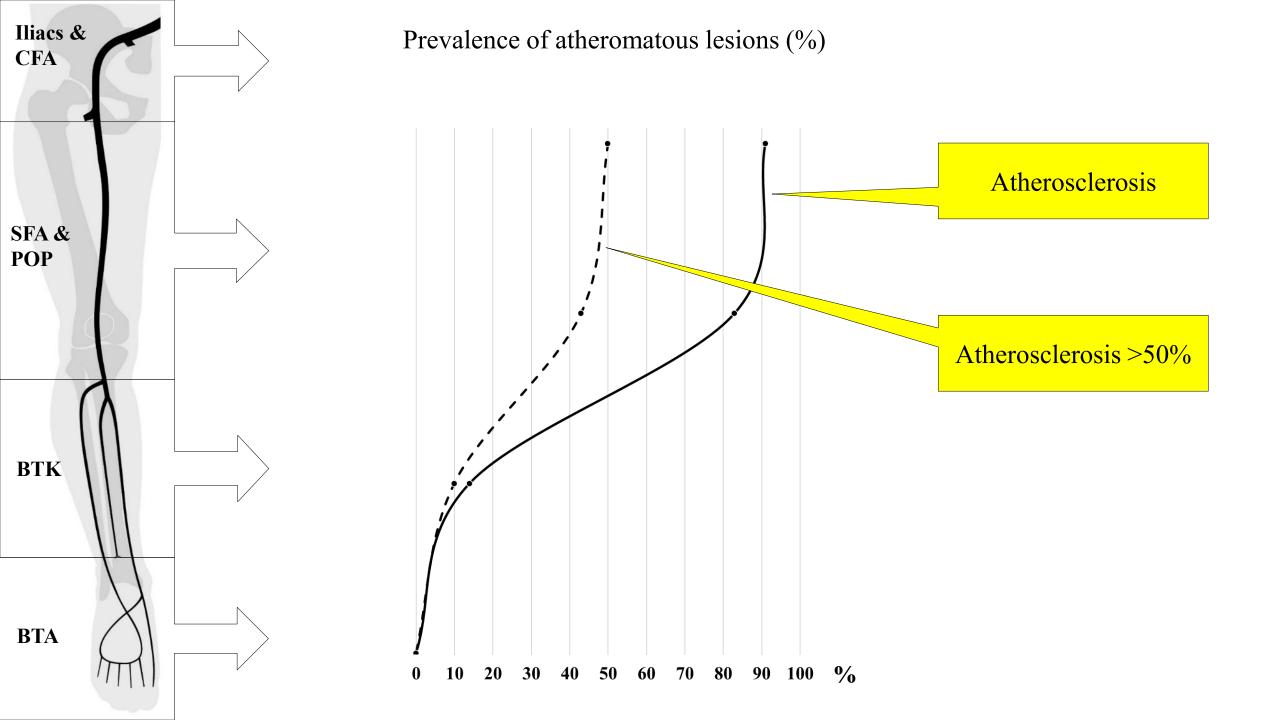
W. Charles O'Neill, Kum Hyun Han, Thomas M. Schneider, Randolph A. Hennigar

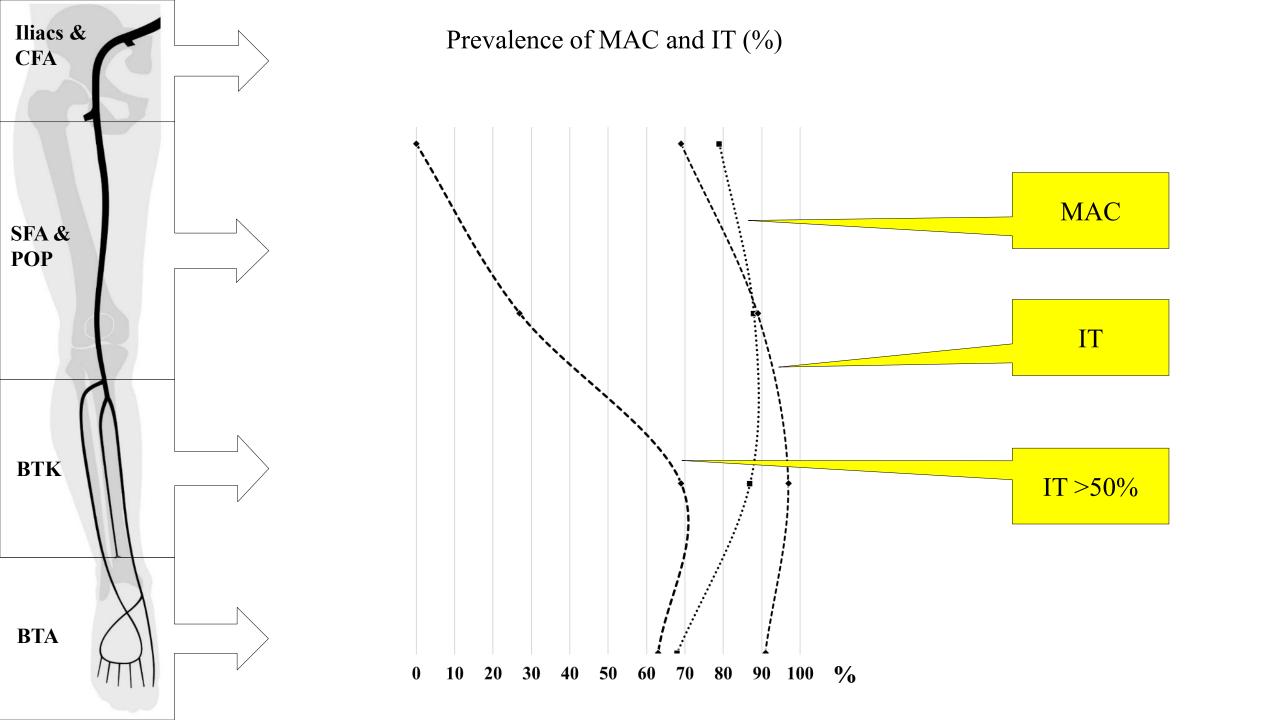
Arterioscler Thromb Vasc Biol. 2015;35:439-447

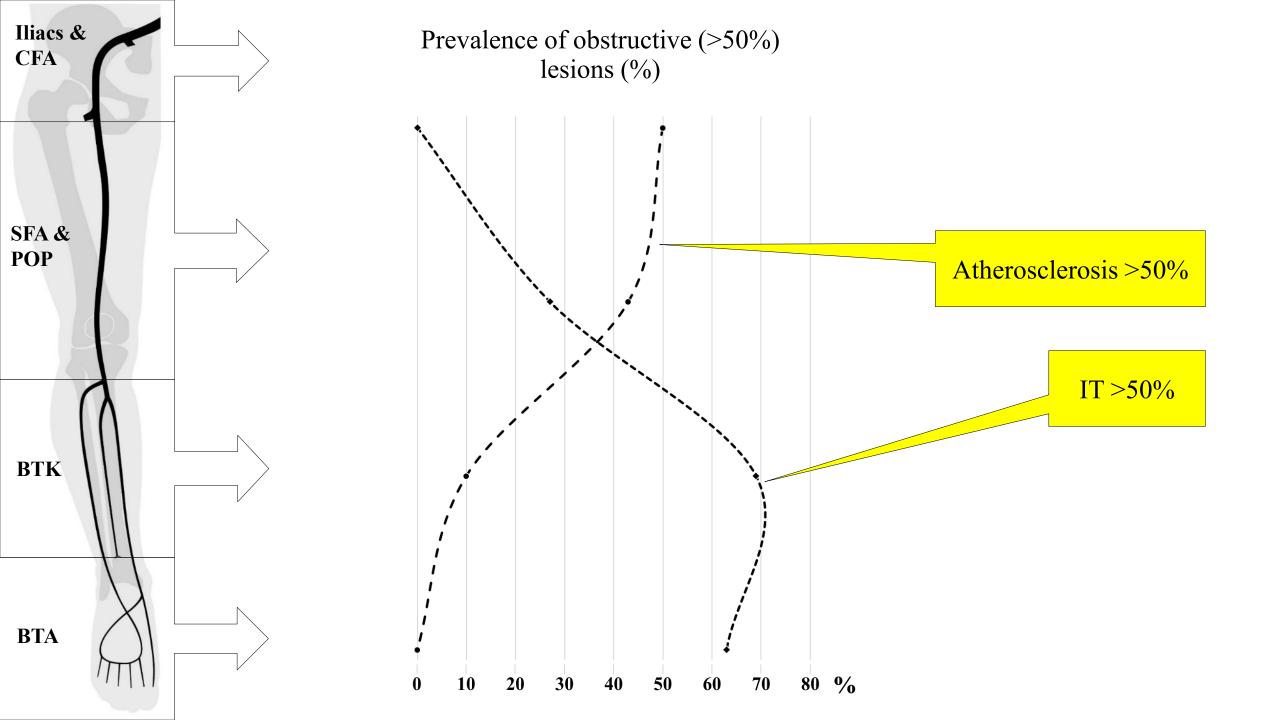
- The most common findings were calcification of the media (72% of arteries) and intimal thickening without lipid (68% of arteries), with the presence of atheromas in only 23% of arteries.
- Nonatheromatous intimal thickening was frequently severe, resulting in complete occlusion in some vessels.

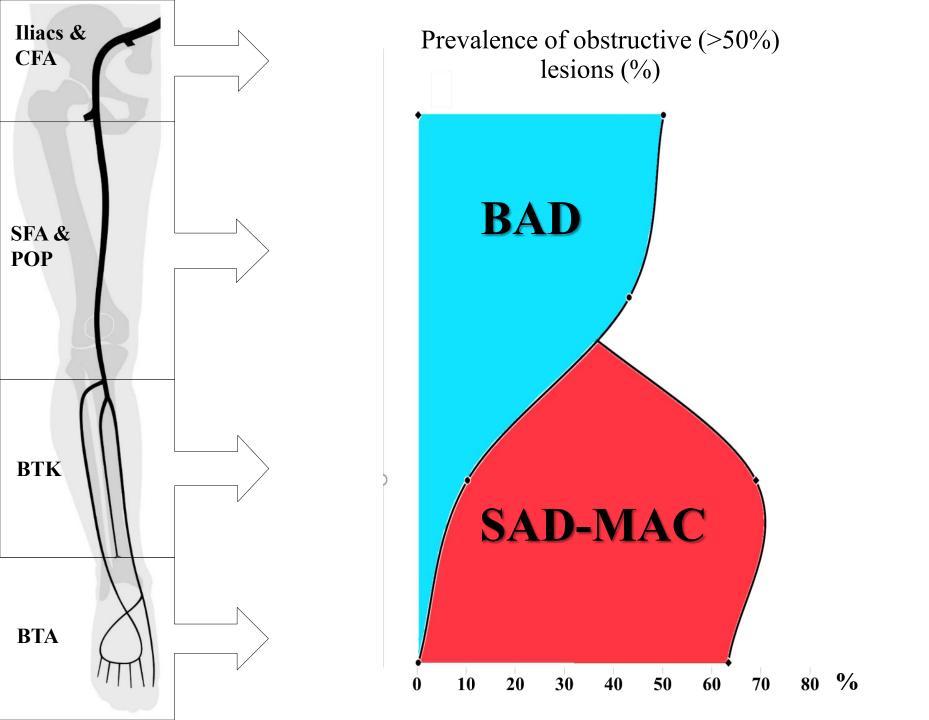


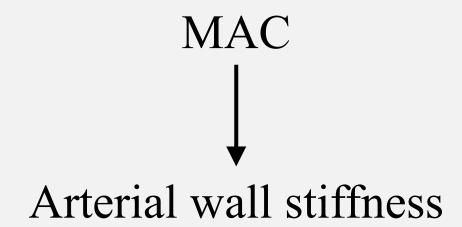




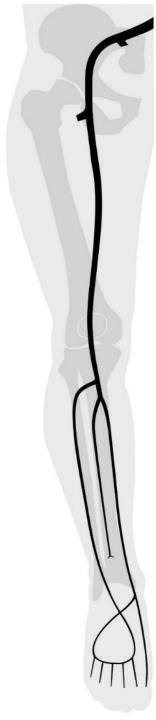




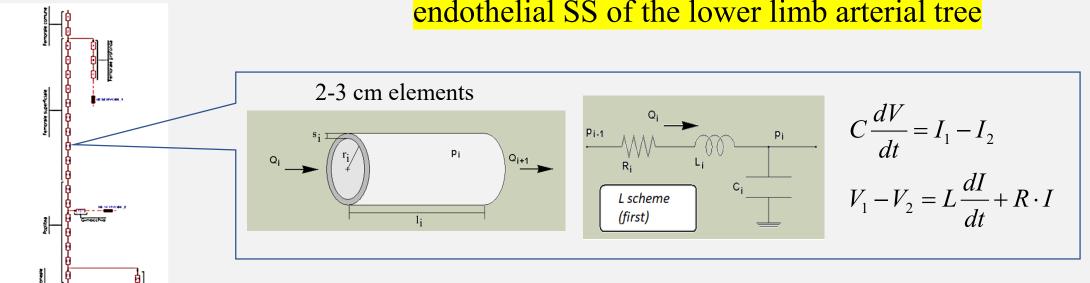


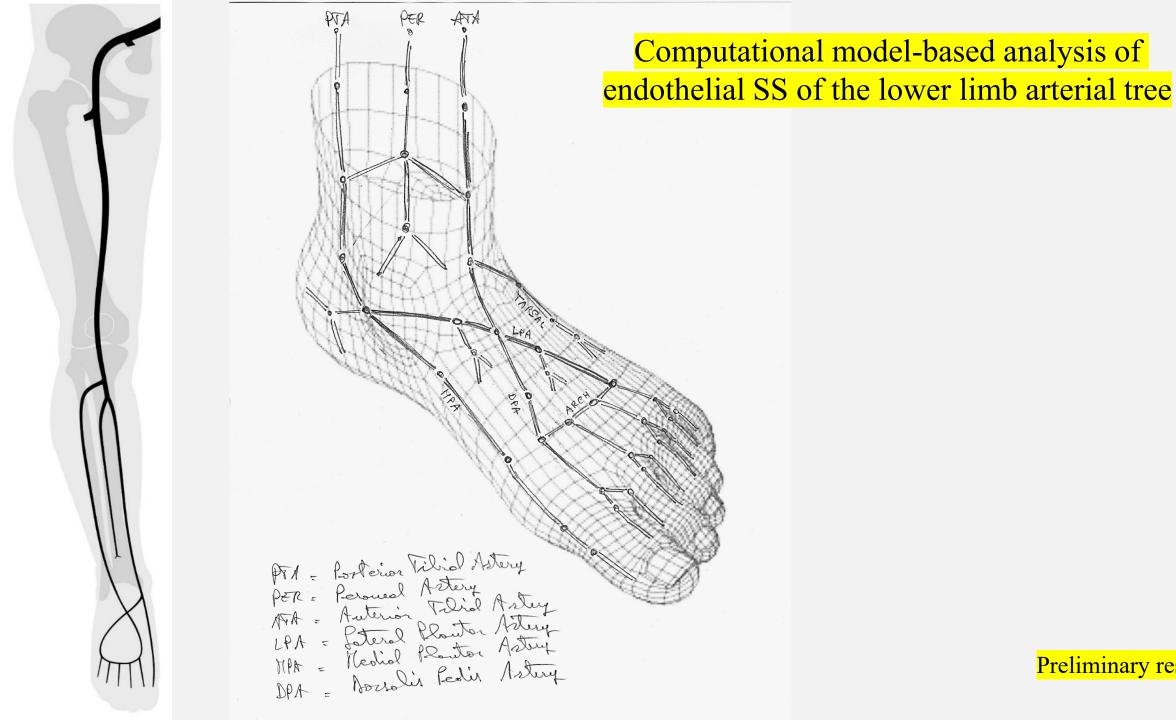


Why does MAC lead to IT & SAD?



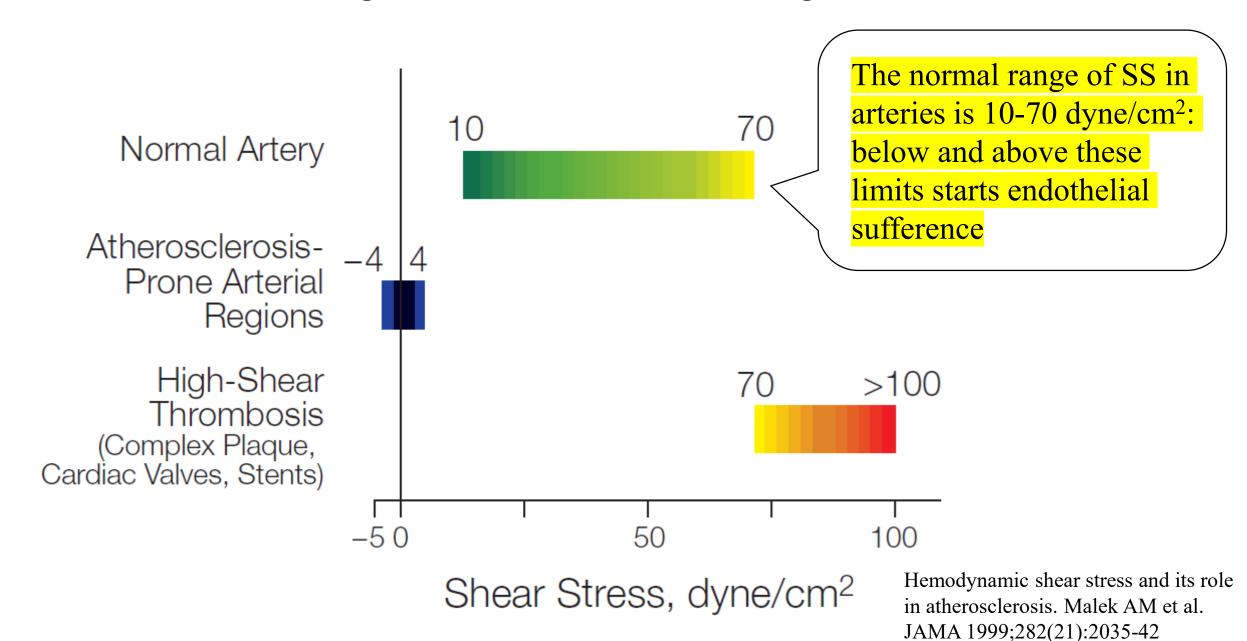
## Computational model-based analysis of endothelial SS of the lower limb arterial tree



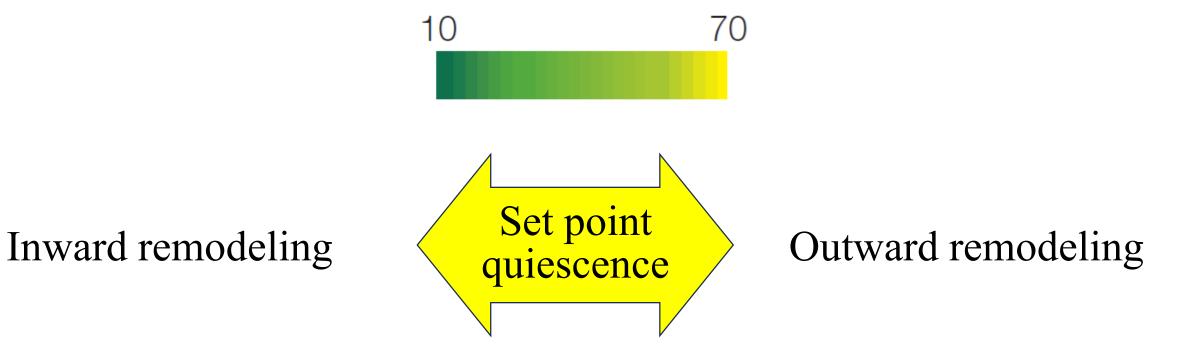


Preliminary results

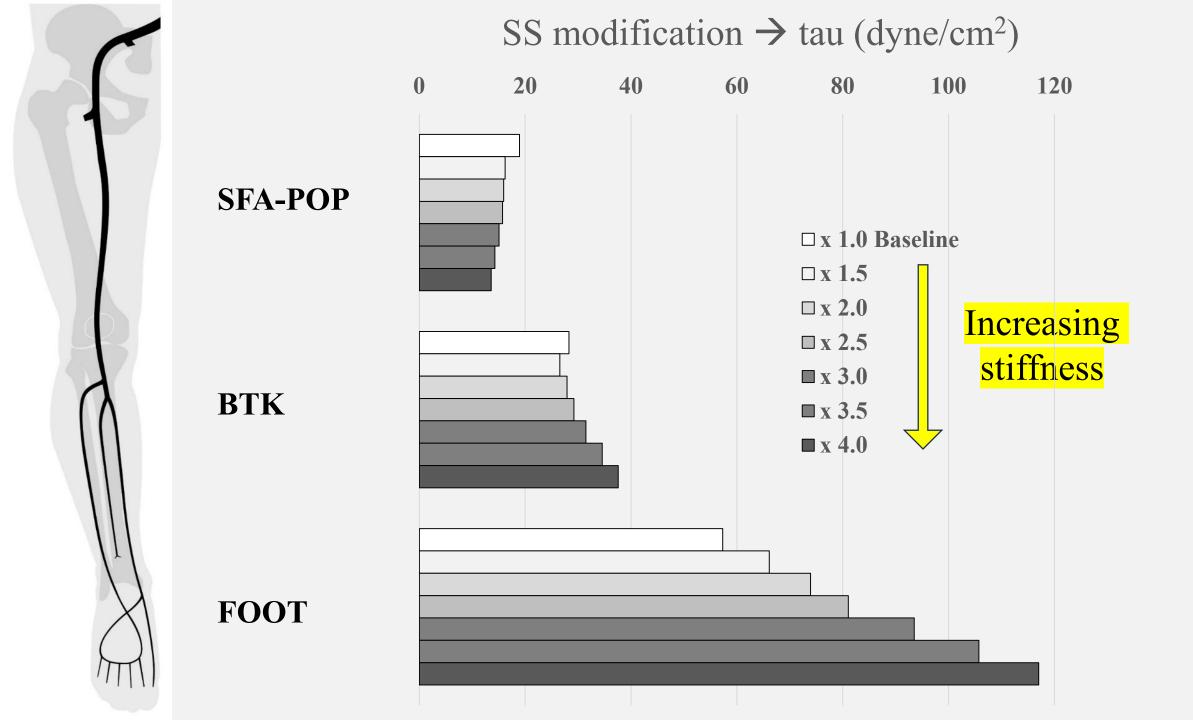
### Range of wall shear stress magnitude

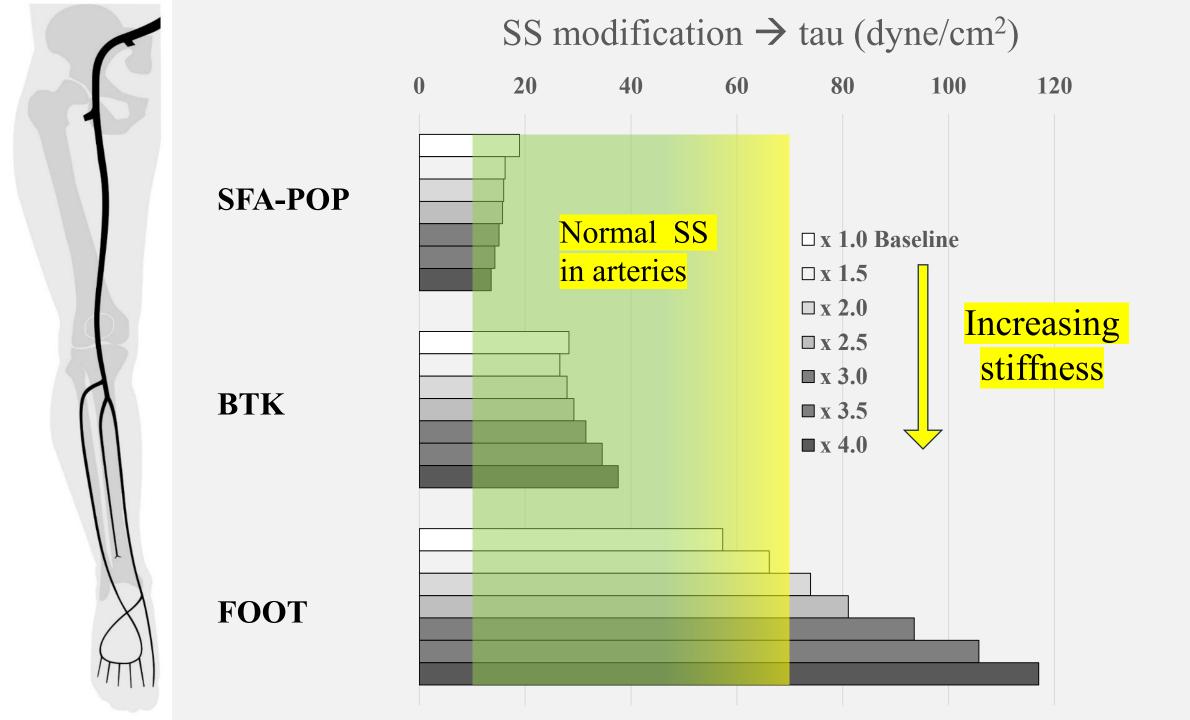


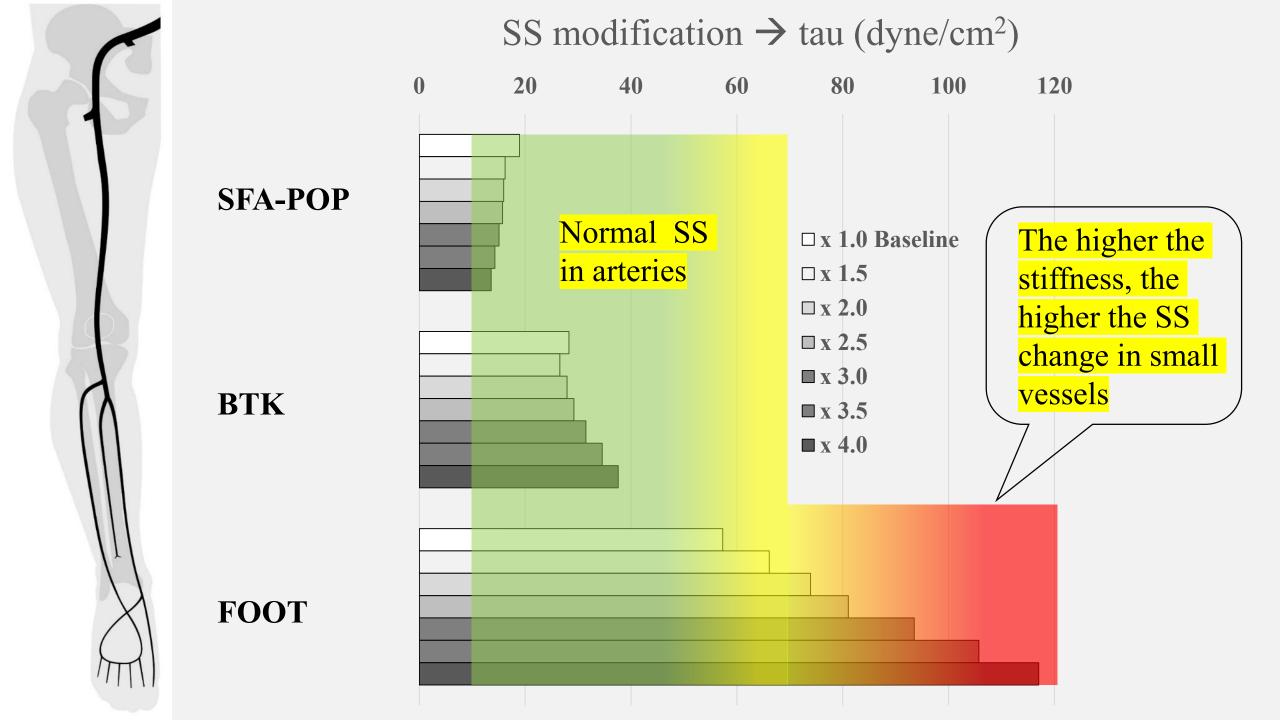
### Range of wall shear stress magnitude

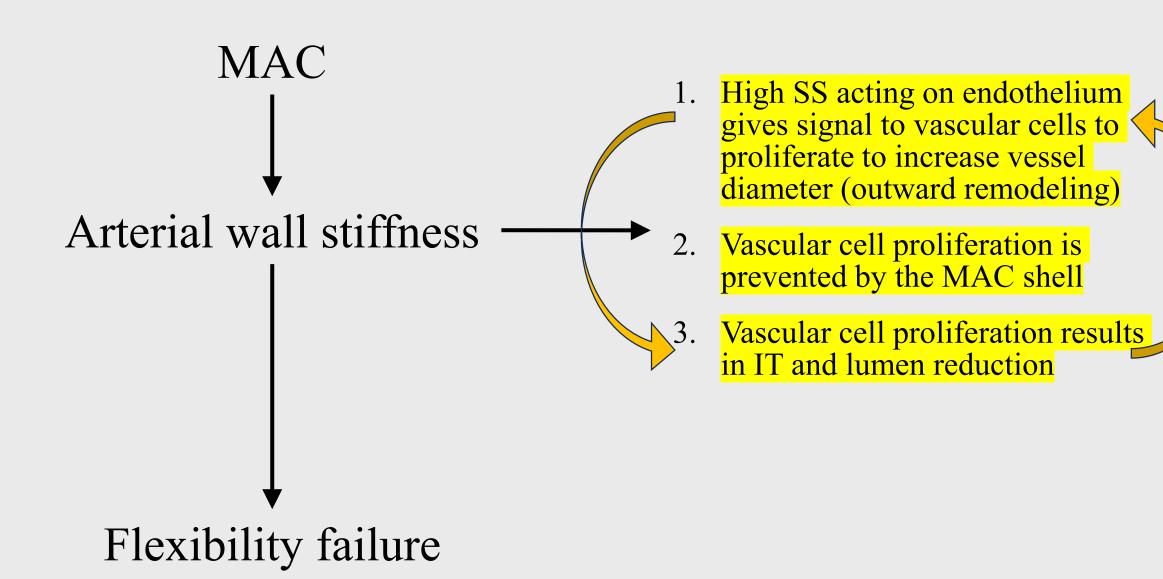


Baeyens N, Schwartz MA. Biomechanics of vascular mechanosensation and remodeling. Mol Biol Cell. 2016;27:7-11









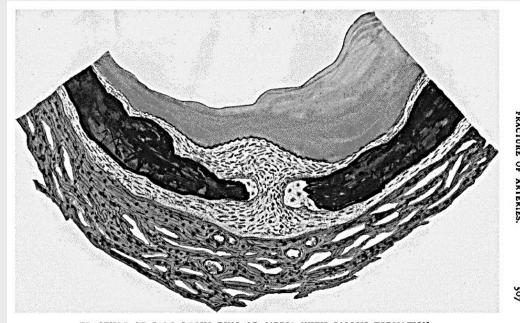
#### FRACTURE OF ARTERIES.\*

OSKAR KLOTZ.

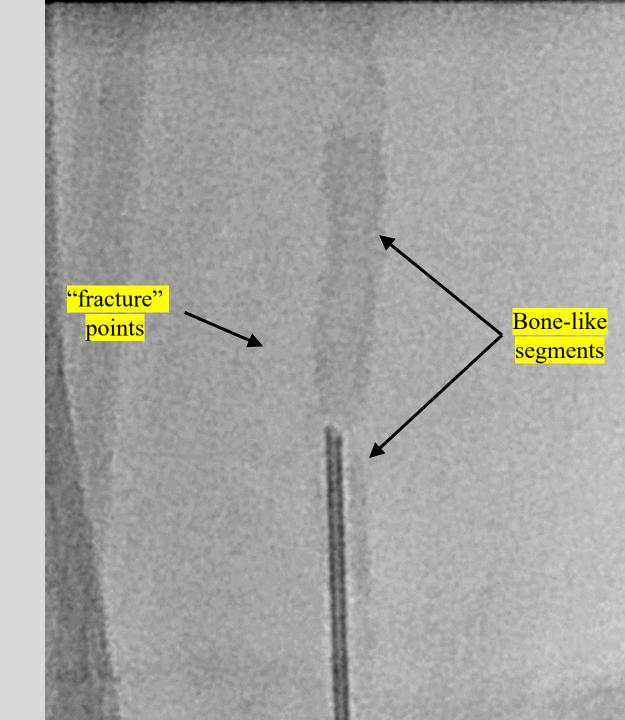
(From the Pathological Laboratories, University of Pittsburgh, Pittsburgh, Pa.)

\* Received for publication May 26, 1916.

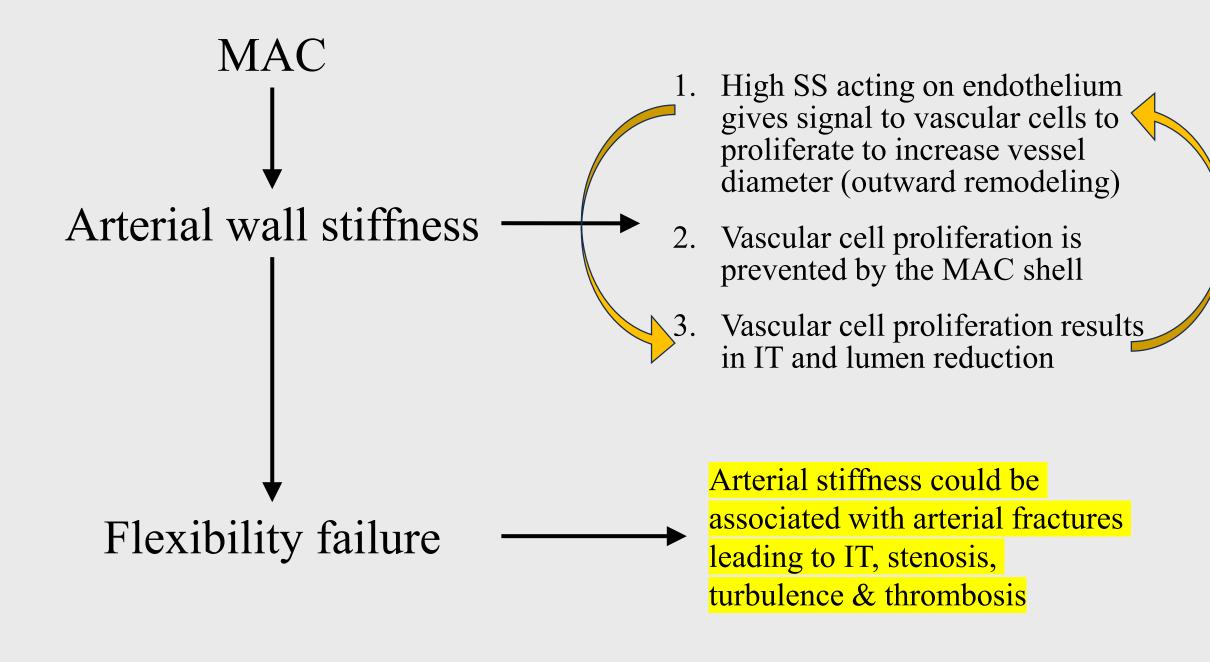
When an artery suffers advanced calcification acute flexion may fracture some of the calcareous rings, particularly when the tortuous course of the vessel does not permit it to move readily nor to adapt a more easy curve in the surrounding tissues

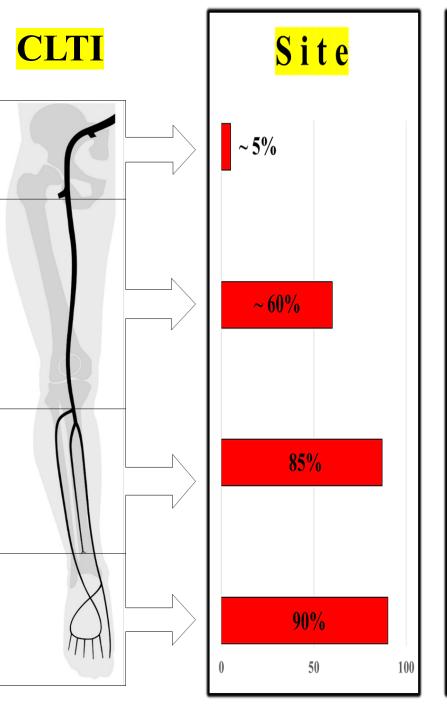


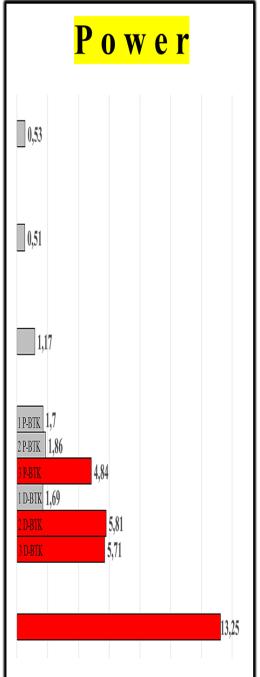


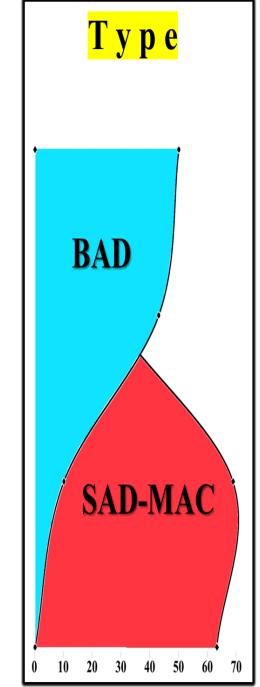


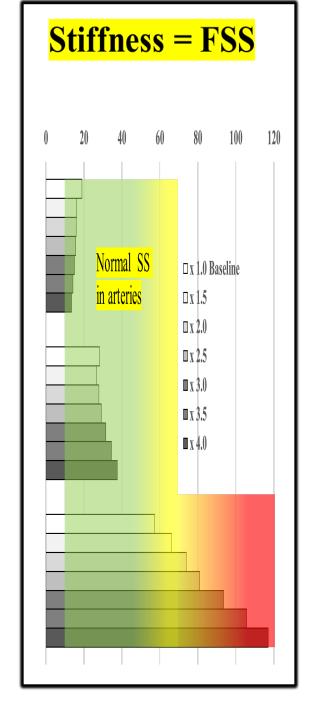












BAD & SAD, who is the enemy in CLTI?

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Mercy for patients

The fake PAD dogma

In the beginning was atherosclerosis, a lipid-plaque-based BAD

PAD is BAD, a consequence of atherosclerosis

We are fighters of BAD, and we have developed great weapons: TEA, bypass, POBA, stents, drug elution, statins, anti-PLTs, NOA etc.

# Butcher and delicatessen shop

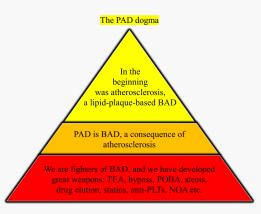


### Revascularization shop



What's your budget?

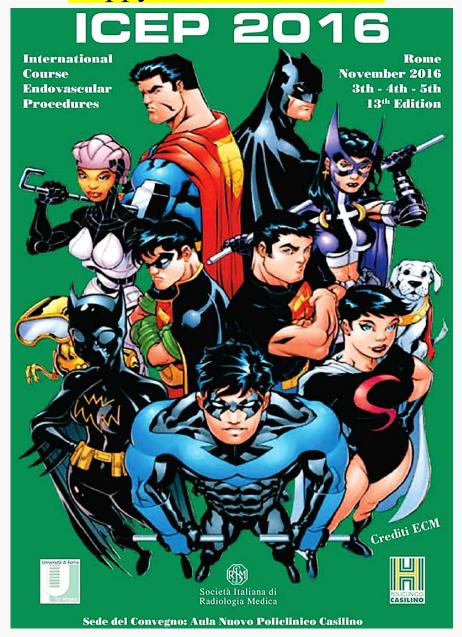
# The uncriticizable PAD dogma

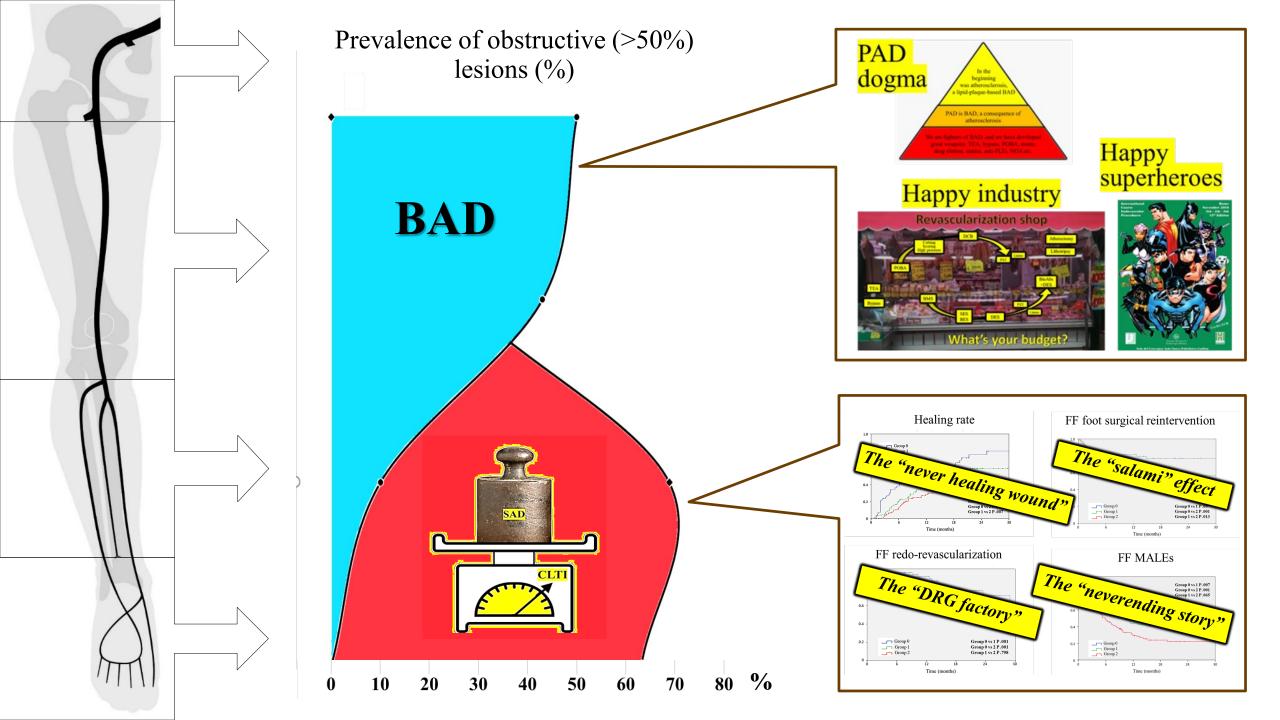


# Great weapons market → happy industry



### Happy SUPERHEROES





BAD & SAD, who is the enemy in CLTI?

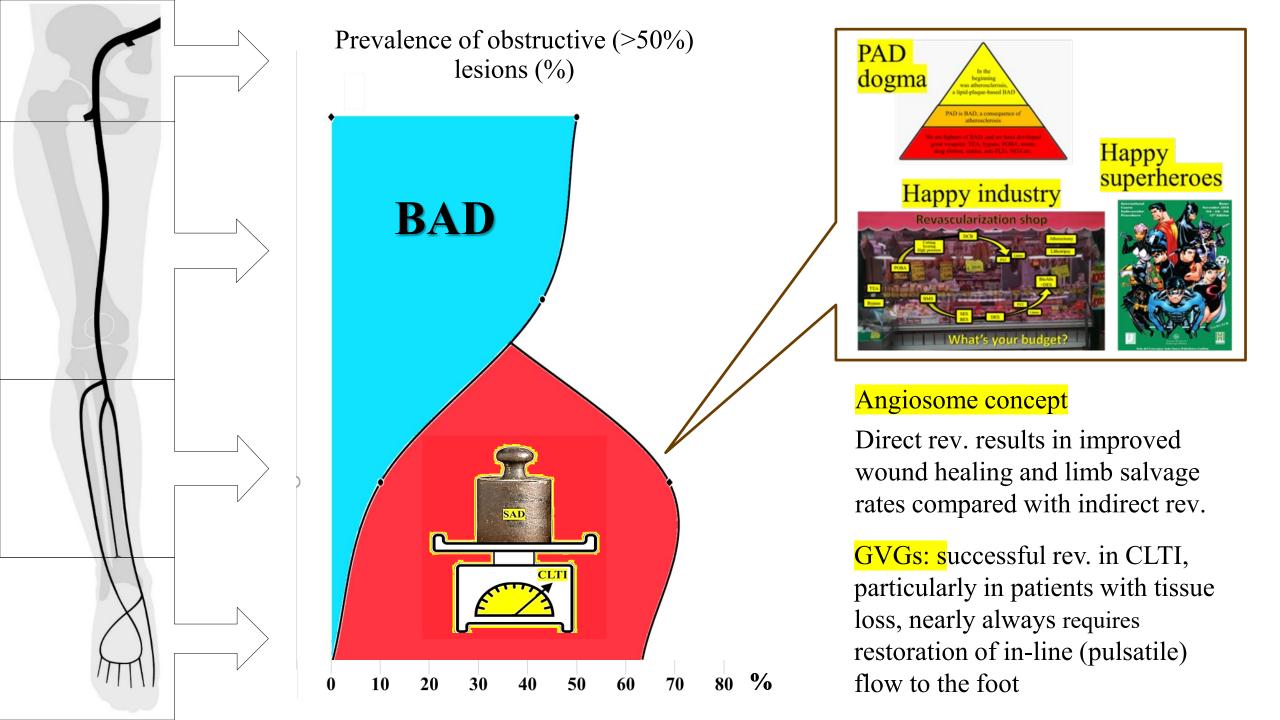
SAD-MAC: brothers in arm

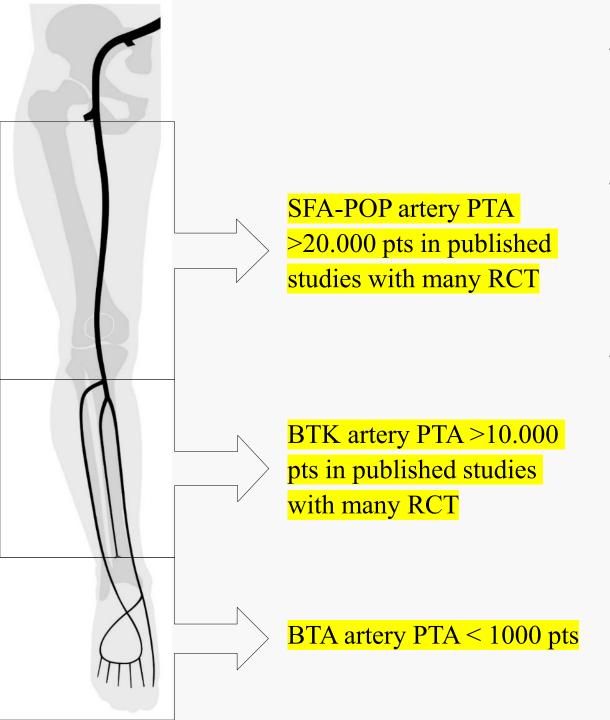
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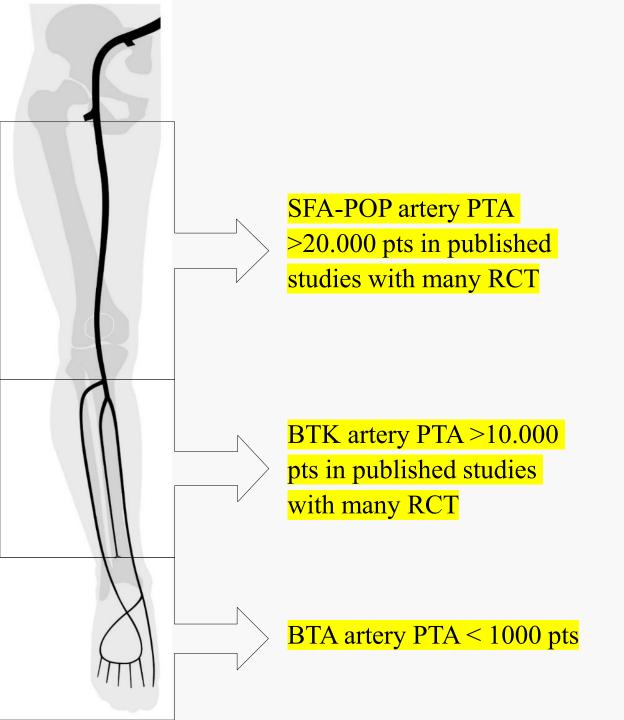
- Heterogeneous articles: prospective, retrospective, non-randomized, not controlled cohort studies; small sample size
- Different endovascular approaches: POBA, DCB, DES, BMS, ped-plant-loop, SUBI-ENDO, orbital atherectomy, retrograde approach, angiosomeguided, blush-guided.....
- Lack of studies assessing limb salvage, wound healing, symptoms, restenosis, reintervention and complications

# 2019 Below-the-Ankle Angioplasty in Patients with Critical Limb Ischemia: A Systematic Review and Meta-Analysis Eline Huizing, MD, Michiel A. Schreve, MD, Jean-Paul P.M. de Vries, MD, PhD, Roberto Ferraresi, MD, Steven Kum, MMBS, FRCS, and Çağdaş Ünlü, MD, PhD J Vasc Interv Radiol 2019; ■:1-8

10 studies on 524 legs



10 studies on 643 pts

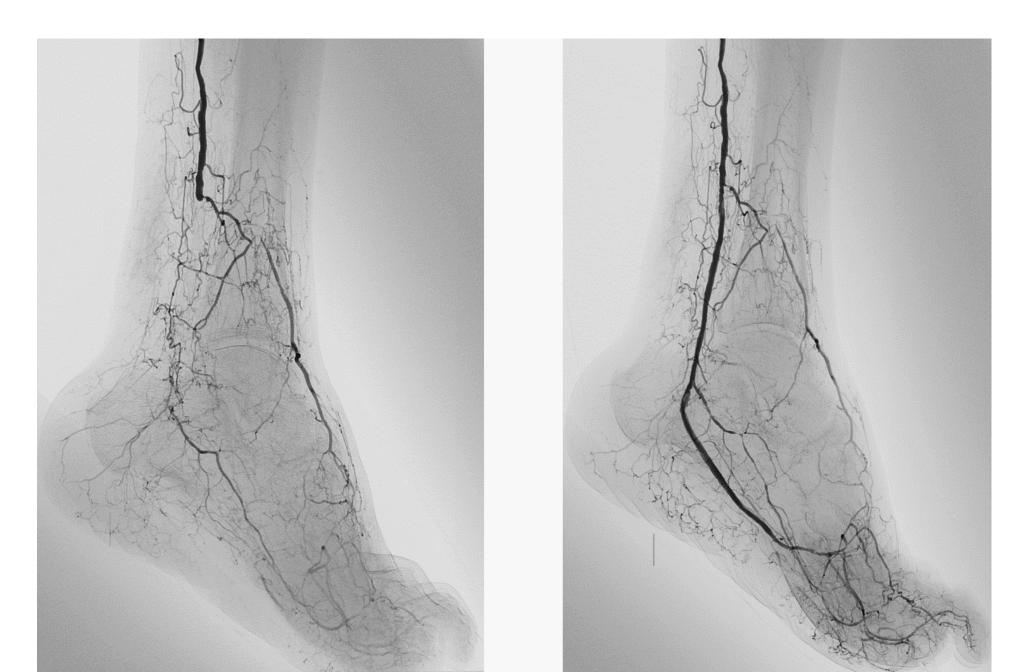


BTA angioplasty is safe & feasible with high technical success rate

It is difficult to understand the criteria used to apply or not BTA PTA:

- Two different techniques: Yes-BTA-PTA vs No-BTA-PTA?
- Two different physicians: aggressive vs non-aggressive?
- Two different diseases: treatable vs non-treatable?

### Most, predominantly BAD, pts can be successfully treated



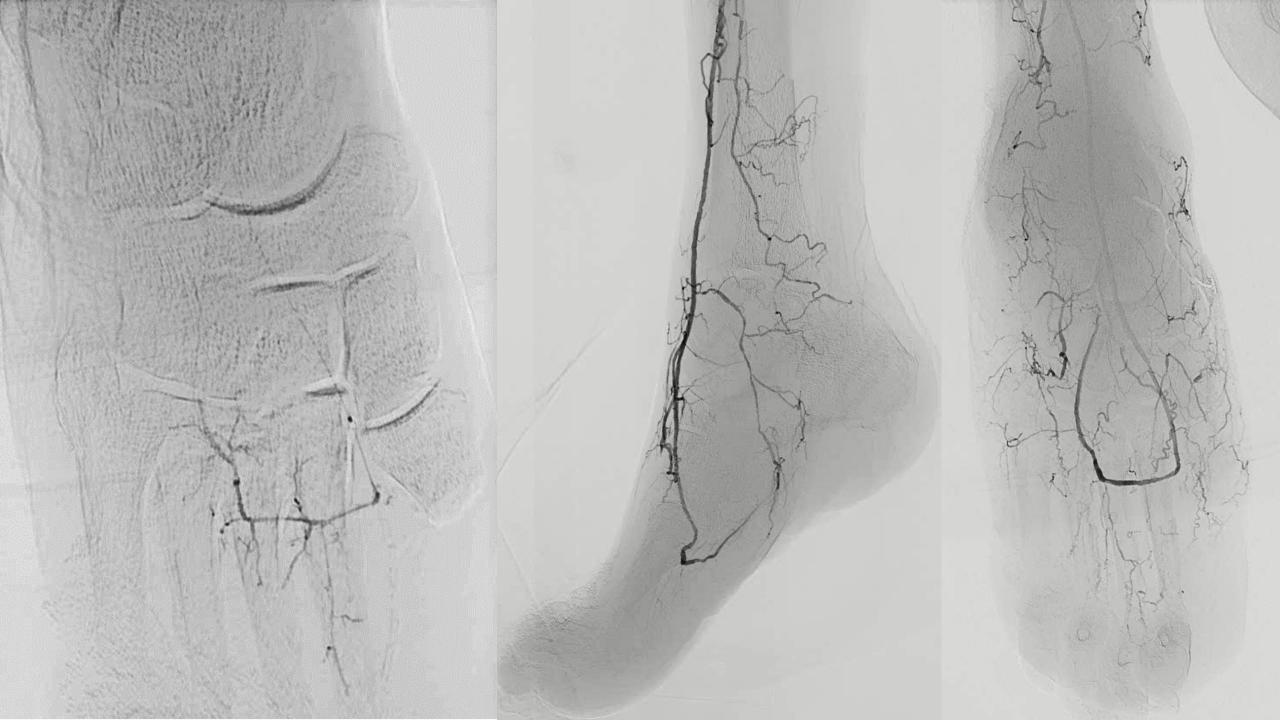
Few SAD-MAC pts can be successfully treated



### Most predominantly SAD-MAC pts have no option







BAD & SAD, who is the enemy in CLTI?

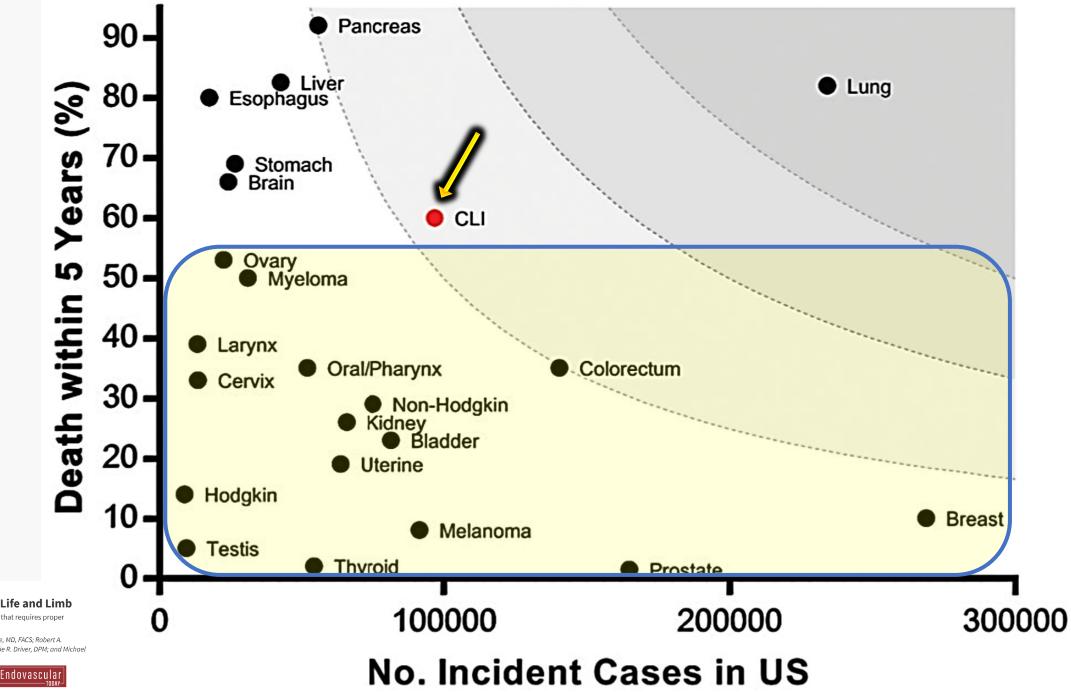
SAD-MAC: brothers in arm

Obstruction patterns in CLTI

Weapons and soldiers: the CLTI-PAD war

Jungle patrols: extreme below-the-ankle guerilla

Mercy for patients



May 2019

#### Critical Limb Ischemia: A Threat to Life and Limb

CLI is an underdiagnosed and undertreated deadly disease that requires proper diagnostic imaging and increased awareness.

By Jihad A. Mustapha, MD; Barry T. Katzen, MD; Richard F. Neville, MD, FACS; Robert A. Lookstein, MD; Thomas Zeller, MD, PhD; Larry E. Miller, PhD; Vickie R. Driver, DPM; and Michael R. Jaff, DO

#### **GVGs - Raccomandation 6**

Offer primary amputation or <u>palliation</u> to patients with limited life expectancy, poor functional status (eg, nonambulatory), or an unsalvageable limb after <u>shared decision-making</u>

Palliative care consultants, where available, may be a valuable resource to optimize symptom management in pts with limited goals of care

### "When is it TOO Much? Best Practice Critical Limb Ischemia in 2024"

### TOO much is when:

- 1. You treat patients without considering the true cause of CLTI and the complexity of vascular involvement
- 2. You act like a superhero, thinking that you have no limits and forgetting that Medicine is service, not circus acrobatics!
- 3. You are a slave of industrial medicine and waste public and private money for nothing
- 4. You sell patients impossible dreams without any realistic vision